

Sex as self-injury (SASI)

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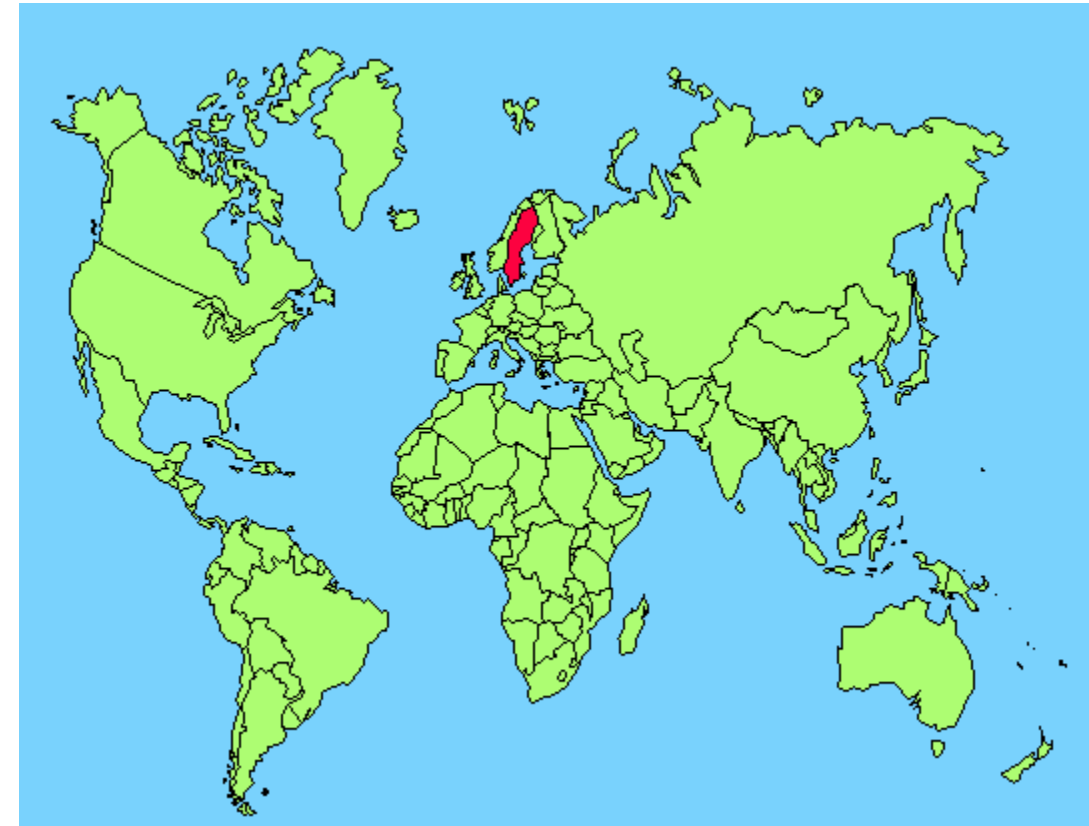
Commercial Sexual Exploitation of Children

- Swedish context



Womens and childrens rights in focus:

- The anti corporal punishment act , 1979
- The sex purchase act, 1999
- The consent act, 2018



Young people selling sex in Sweden (Svedin et al., 2015)

2004 n= 4 343		2009 n= 3 498		2014 n= 5 839	
Selling sex	CI	Selling sex	CI	Selling sex	CI
%	95%	%	95%	%	95%
1,4	1,0 - 1,8 %	1,5	1,1 – 1,9 %	0,9	0,7 – 1,1 %



BEMÖTER ANKLAGELSERNA. Förra polischefen Göran Lindberg (till vänster) medger att han hade sex med flickan: "Men utan något som helst våld", säger han i förhör. Foto: Suvad Mrkonjic

Polischefen Göran Lindberg medger sex: "Men utan något våld"

Flickan säger att Göran Lindberg, 63, tvingade henne till förnedringssex med förbundna ögon i en lägenhet i Bandhagen.

Expressen kan i dag avslöja hur den förra länspolismästaren bemöter anklagelserna i polisförhören - ord för ord:

- Jag vidgår att vi hade sex, men utan något som helst våld, säger han.

Före detta länspolismästare i Uppsala län och rektor vid polishögskolan.

Efter pensioneringen har Göran Lindberg kontinuerligt föreläst i frågor som engagerat honom under stora delar av yrkeskarriären: jämställdhet mellan könen, etik och moral.

Fram till gripandet i Falun i måndags.

Nu sitter han häktad, inlåst i en cell på Kronobergshäktet i Stockholm, misstänkt för tre fall av förberedelse till grov våldtäkt mot barn i Falun, Stockholm och Solna. Han misstänks också för våldtäkt mot en flicka i Stockholmsförorten Bandhagen 8 januari förra året.

säger Carrenfors.

KVALITETSPRIS

EXPRESSEN

Logga in

EXPRESSEN START

EXPRESSEN.VV

Nätpedofil erkänne sex med småflickor

En onsdagen inleddes rättegången i Malmö mot en man, åtalad för att ha lurat till sig sex via nätkontakt. Flickor över hela landet.

INSIDAN.

DN.se

Torsdag 6 maj 2010

Förstasidan STHLM Ekonomi Sport Kultur & Nöje Ledare Debatt Bostad Resor Mat Livsstil

Livsstil - hem - Intervjuer - Reportage - Hälsa - Relationer - Trend - Insidan - Bloggar

GROMNING PÅ NÄTET

Prästen jagade barn på nätet

Publicerat 2006-05-10 15:30

I två månader chattade Erik, 52 år gammal och präst i Svenska kyrkan, med "Lisa, 14 år". Han blev hennes kompis och tröstade henne när hon var ledsen. Men till sist föreslog han att de skulle träffas och "knulla i duschen".

Han kallade sig "Pastor Erik" på ungdomssajten lunarstorm.se och han presenterade sig så här:

"Jag kan bli lika fascinerad av ett grässtrå som vajar i vinden som av en nacke böjd över en bok, lika fascinerad av lavans mönster på en sten som av en leende mun med mjuka läppar..."

ANVÄND

Silver Fel

DN TEMA BLOGG

MEST: Läst • Tipsade • Kommenterade

1. "Nu måste ni skärpa er killar"
2. Högt pris både för slappa killar och duktiga tjejer
3. Jacob skulle aldrig kunna överge Thea
4. Viktor Rydberg gymnasium. Här är både killar och tjejer "MVG-elever"
5. Albin, 22: "Som ung, ensam pappa blir jag dubbelt ifrågasatt"
6. "Det är aldrig roligt att vara sams i klassen"
7. Lotta, 19: "Visst, jag har jättehöga krav på mig själv"
8. "I tvåan fick jag magsår av stressen"
9. "Fortsätt plugga - men med måtta"
10. Barnläkaren: "Dags att uppmärksamma killarna"

Skriv ut • Textstorlek

0 kommentarer

Dela med andra: Facebook Twitter LinkedIn Email

BILD

Internet

ANNA

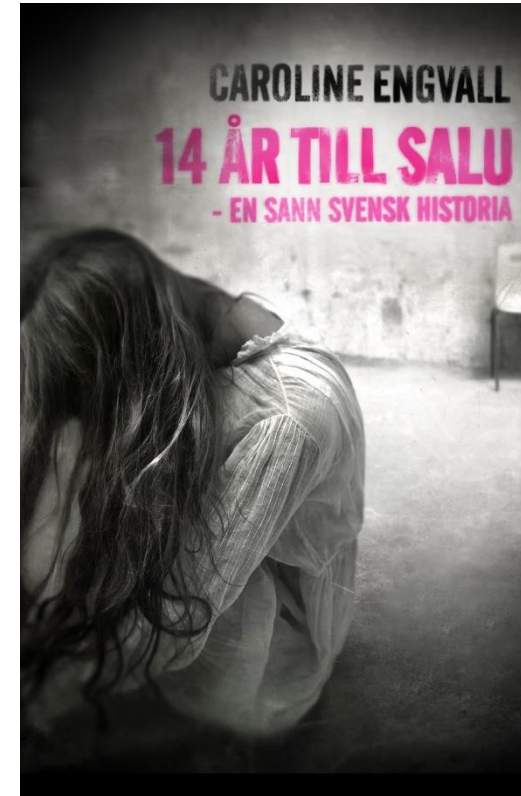
I don't want to remember the hands, eyes or the hitting.
Not the dizziness and the anxiety.
Tied hands. Broken bottles and sharp knives.

And afterwards. Afterwards.
The blood on the bed sheet. Cuts. Bluemarks on the throat.
I ran barefoot in the snow at night that winter.
I lit fire at the water and burned notes.
Tried to choke those screams that never quieted.

All phone numbers in the black book that I always slept with
under the pillow.
Because I would never believe I was worth anything.

A telephone call.
Dirty money at the cupboard that created the night's anxiety fire at the
water.

Without your violence, I couldn't exist. (Tessan, in Engvall, 2008, 14 year old for sale)

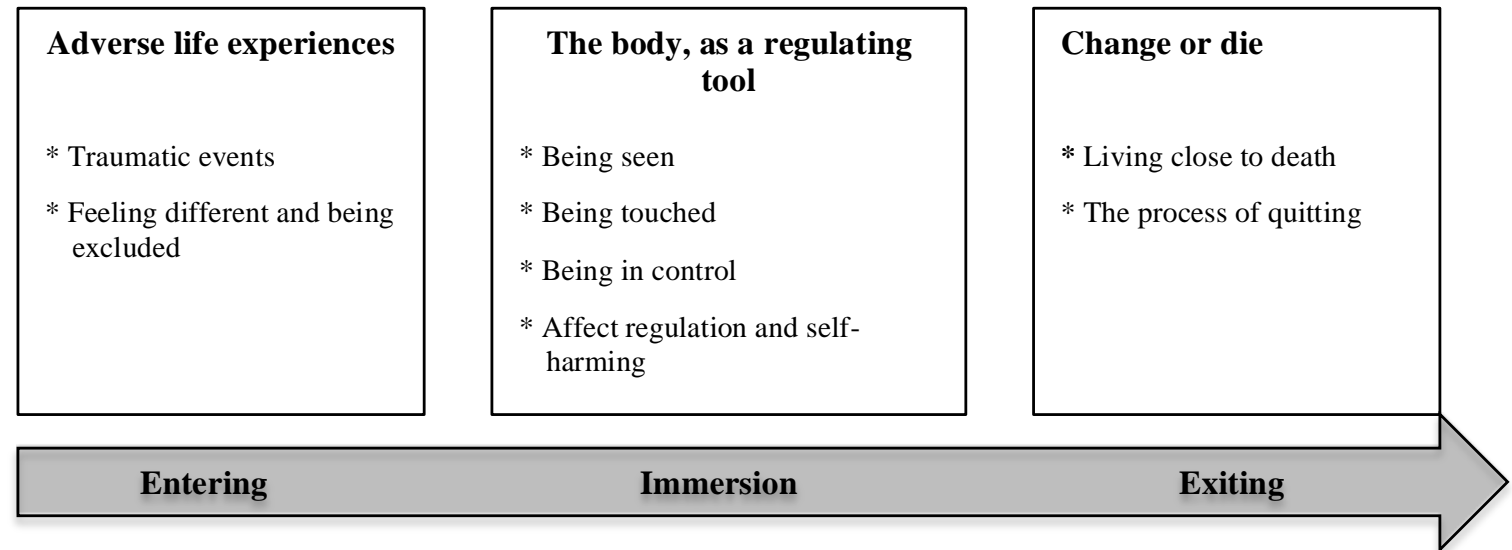


Why?

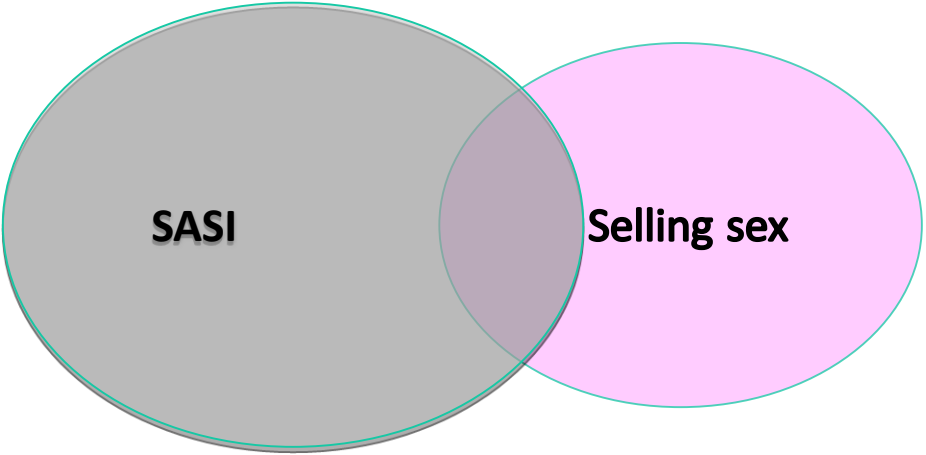
- Curious, exciting
- Like sex a lot
- Needed somewhere to stay
- Need of money, food, drugs, alcohol
- Wanted to be seen, confirmation
- Sexual abuse leading to repeating the abuse
- Threats or coercion
- Manipulation/grooming
- A form of self injury

Young women
selling sex online-
Narratives on
regulating feelings
Jonsson, Svedin &
Hydén, 2015

Figure 1. Themes and sub-themes related to the process of selling sex



”..and I was the good one that didn´t cut myself anymore. Everyone was happy but I was feeling as miserable.... Just finding other forms that wasn´t that visible...things that almost killed me for real”.



Adolescents' motives for selling sex in a welfare state (Fredlund et al., 2018)

Emotional reasons	Material but no emotional reasons	Pleasure only or no underlying motive
<p>Wanted closeness</p> <p>To feel appreciated</p> <p>Did not feel mentally well/ To reduce anxiety</p> <p>The buyer persuaded me</p>	<p>Needed money</p> <p>Needed drugs</p>	<p>Fun/exciting</p> <p>Like to have sex</p> <p>Influenced by peer/partner</p> <p>Affected by alcohol or drugs</p>
<p>Sexual abuse</p> <p>Sex as self-injury</p> <p>Sexual orientation</p> <p>Compensation</p>		<p>Gender distribution</p> <p>Age of the buyer</p> <p>Times selling sex</p>

Unga som skadar sig genom sex

Linda Jonsson och Åsa Lundström Mattsson



Stiftelsen Allmänna Barnhuset

2012

Suggested definition of SASI

“When a person has a compulsive seeking sexual situations involving mental or physical harm to themselves. The behavior causes distress or impairment at school, at work or in other important areas”

(Åsa Landberg and Magnus Mattson, 2012)

WARNING!

“What clearly distinguishes those who cut themselves by those using sex as self injury is that those another person is hurting instead of themselves. The young person let someone else control them.”

Functions

- Affect regulation
-
-

Functions

- Affect regulation
- A cry for help... (interpersonal function)

Functions

- Affect regulation
- A cry for help... (interpersonal function)
- Life or death
- Dislike oneself and the body
-

GOT TO
THINK

THAT'S
HARD

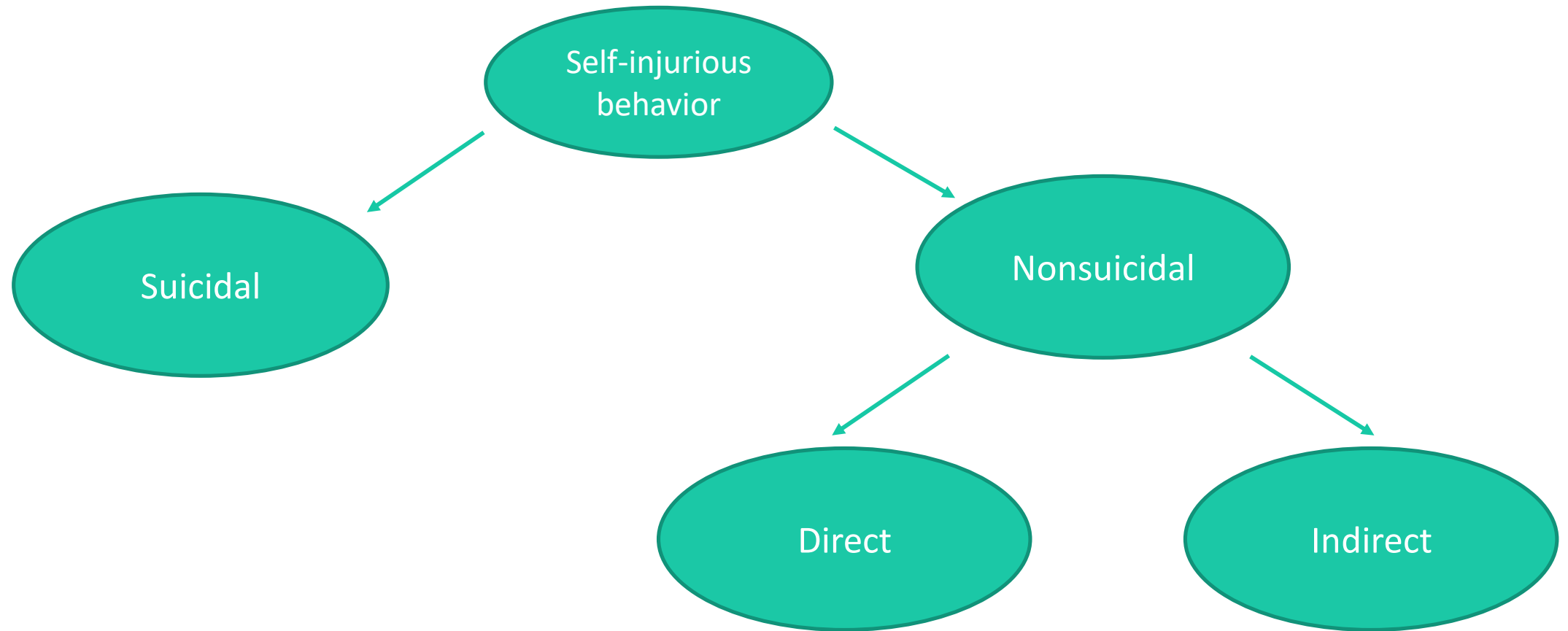


Nonsuicidal Self-Injury

DSM-5, American Psychiatric Association (2013)

- Self-inflicted destruction of body tissue
- No suicidal intention
- Function:
 - Relieve negative feelings
 - resolve interpersonal difficulties
 - induce positive feelings

Self-injurious behavior



Tramagenic dynamics

Traumatic sexualization

- Compulsive sexual behavior
- Negative attitude towards sexuality
- Sexual abusive behavior
- Confusion about sexual identity or norms
- Negative connotations in relation to sex

Powerlessness

- Reenacting sexual abuse

Finkelhor and Browne 1985

Tramagenic dynamics

Stigmatization

- Sens of being different
- Alcohol and drug abuse
- Self-destructive behaviors

Betrayal

- Aversion to intimate relationships
- Need to regain trust and security

Adolescents Selling Sex and Sex as Self-Injury

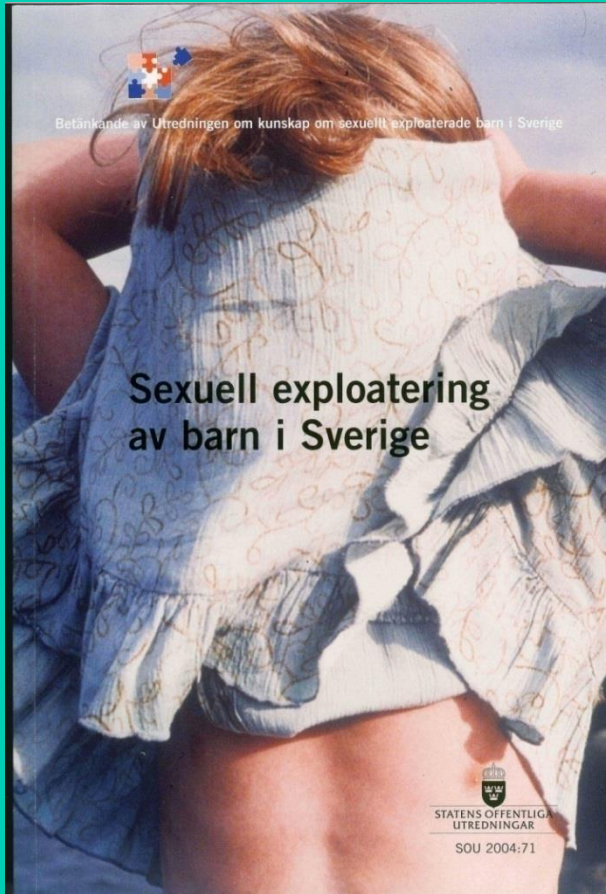
Cecilia Fredlund



Fredlund, C., Svedin, C.G., Priebe, G., Jonsson, L., & Wadsby, M. (2017). Self-reported frequency of sex as self-injury (SASI) in a national study of Swedish adolescents and association to sociodemographic factors, sexual behaviors, abuse and mental health. *Child and Adolescent Psychiatry and Mental Health*, 11:9.

Jonsson, L.S., Svedin, C.G., Priebe, G., Fredlund, C., Wadsby, M., & Zetterqvist, M. (2017). Similarities and Differences in the Functions of Nonsuicidal Self-Injury (NSSI) and Sex as Self-Injury (SASI). *Suicide and Life-Threatening Behavior* (in press).

Zetterqvist, M., Svedin, C.G., Priebe, G., Fredlund, C., Wadsby, M., & Jonsson, L.S (2018). Self-reported nonsuicidal self-injury (NSSI) and sex as self-injury (SASI): Relationship to abuse, risk behaviors, trauma symptoms, self-esteem and attachment. *Psychiatry Research* 265, 309-316.



2004



2009



2014

Method

- National sample from 3rd year of Swedish high schools
- Anonymously on lecture time
- Modified version of Svedin and Priebe (2004, 2009, 2014)

Participating schools	171
Total number of participants	5839
Response rate	59.7%
Mean age (years)	18.0

Have you ever used sex to intentionally hurt yourself?

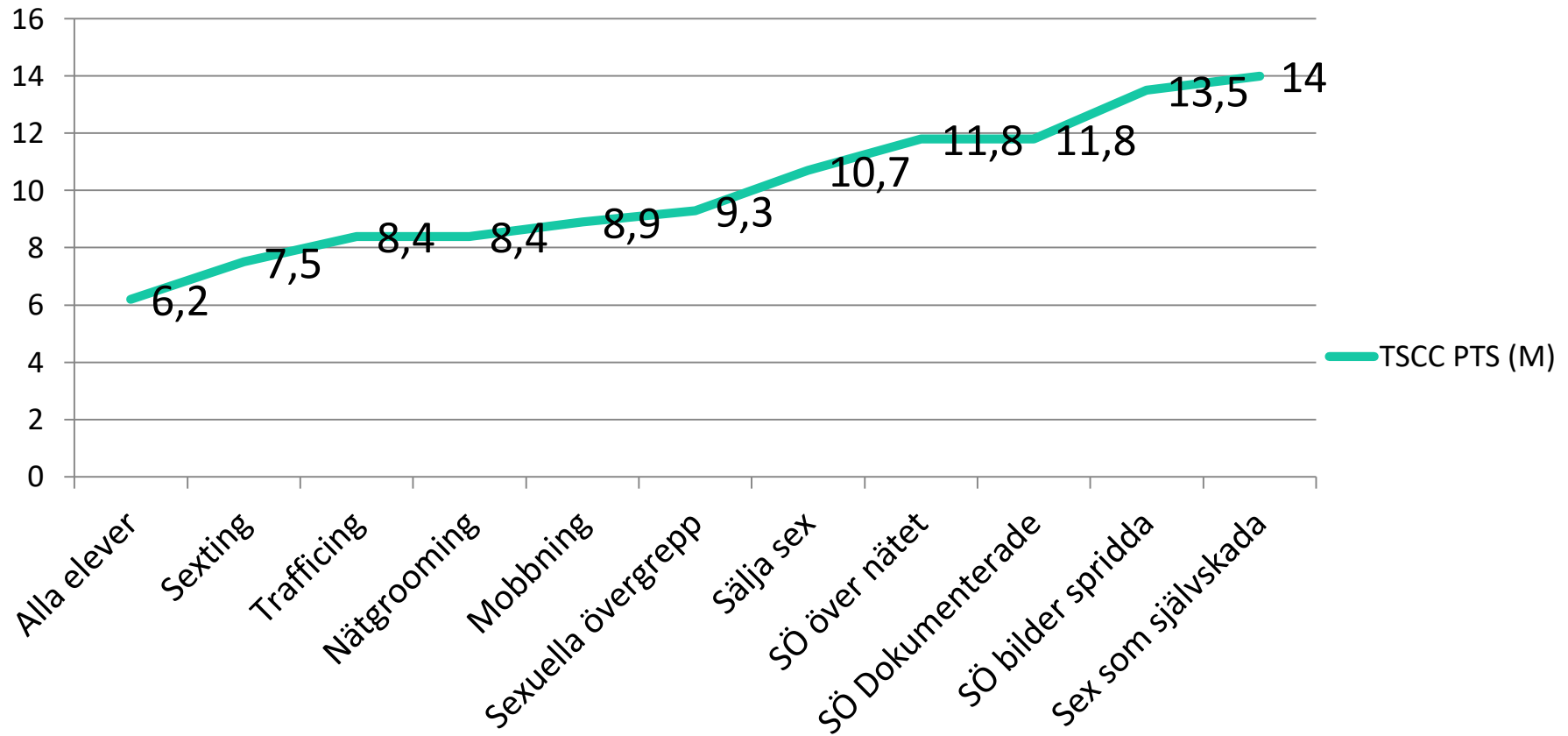
	<i>Girls</i> % (<i>n</i>)	<i>Boys</i> % (<i>n</i>)
Sex as self-injury	3.2 (100)	0.8 (20)
Perceived pain	70.7	55.6

	<i>SASI</i> %	<i>Non-SASI</i> %
Heterosexual orientation	60.0	87.9
Selling sex	11.3	0.7
Any sexual abuse	75.0	19.6
Penetrative sexual abuse	48.4	5.3
Non-suicidal self-injury	65.6	16.6
Healthcare for		
Depression/anxiety	61.0	18.2
Eating disorder	28.8	5.3
Suicide attempt	31.4	3.5

Trauma symptom checklist for children

TSCC	<i>SASI mean</i>	<i>Non-SASI mean</i>	<i>p-value</i>
Anxiety	9.6	4.6	<.001
Depression	12.4	5.0	<.001
Anger	9.0	4.0	<.001
Post-traumatic stress	14.0	6.1	<.001
Dissociation	12.9	5.6	<.001
Sexual concerns	4.8	2.4	<.001

TSCC PTS (M)



Funktionen av SASI

	SASI %
To relieve feeling numb or empty	70.0
To punish yourself	65.5
To stop bad feelings	63.6
Because your don't like your body	58.6
To feel something, even if it was pain	52.9
To get control of a situation	49.6

	<i>NSSI</i> <i>n= 910</i> %	<i>SASI</i> <i>n=41</i> %	<i>NSSI+SASI</i> <i>n=76</i> %
Social influence			
To get attention	9.3	26.8	17.1
To try to get a reaction from someone, even if it's a negative reaction	10.4	34.1	13.2

Differences NSSI – SASI – NSSI+SASI

- Sexual abuse (penetrative)
- Trauma symptoms (PTS, dissociation, sexual concerns)
- No difference in emotional or physical abuse, self-esteem, parental care/overprotection, depression, anxiety, anger
- NSSI+SASI more exposed and burden

Motives and Manifestations of Sex as Self-Injury (SASI)

Fredlund, C., Wadsby, M., & Jonsson, L.S.

Method

- Internet based open-ended questionnaire
- Anonymous, self-selected
- Experience of SASI, over 15 years of age
- Websites 37 NGOs
- Dec 2016 – April 2017
- Content analysis (Patton)

Questionnaire

'Describe your experiences of sex as self-injury'

- 1) 'In which way did you have sex as self-injury?'
- 2) 'How did it start?'
- 3) 'How old were you when you had sex as self-injury? Do you still have it?'
- 4) 'What made it proceed?'
- 5) 'Describe a typical occasion when you had sex as self-injury, what happened?'
- 6) 'Think of a typical occasion. If this happened with another person, what relationship did you have to the other person and what was his/her age and gender?'
- 7) ('If you have stopped, what made you quit?')

Background data

	<i>n</i>
Total number of participants	199
Gender	
Female	190
Male	4
Non-Binary	4
Age	
15-19 years	27
20-40 years	151
41-64 years	19
Age starting to use SASI	
Before 12 years	8
12-19 years	165
After 20 years	21

Conclusions

- Direct – indirect self-injury
- Part of sexual violence – Sexual abuse – law aspects
- PTSD, earlier sexual abuse, poor mental health
- A reason for selling sex – among others
- Risk of re-traumatization and re-victimization



Support and Therapy

- Often a range of symptoms
- Mental illness including high scores on PTS
- History of trauma
- Risky life
- Self-injurious behavior



- Trauma informed care
- PTSD treatment e.g. TF-CBT, EMDR
- Affect regulation therapy
- Sexual health – therapy for the body

Two and two and talk about....

....SEX

Discussion

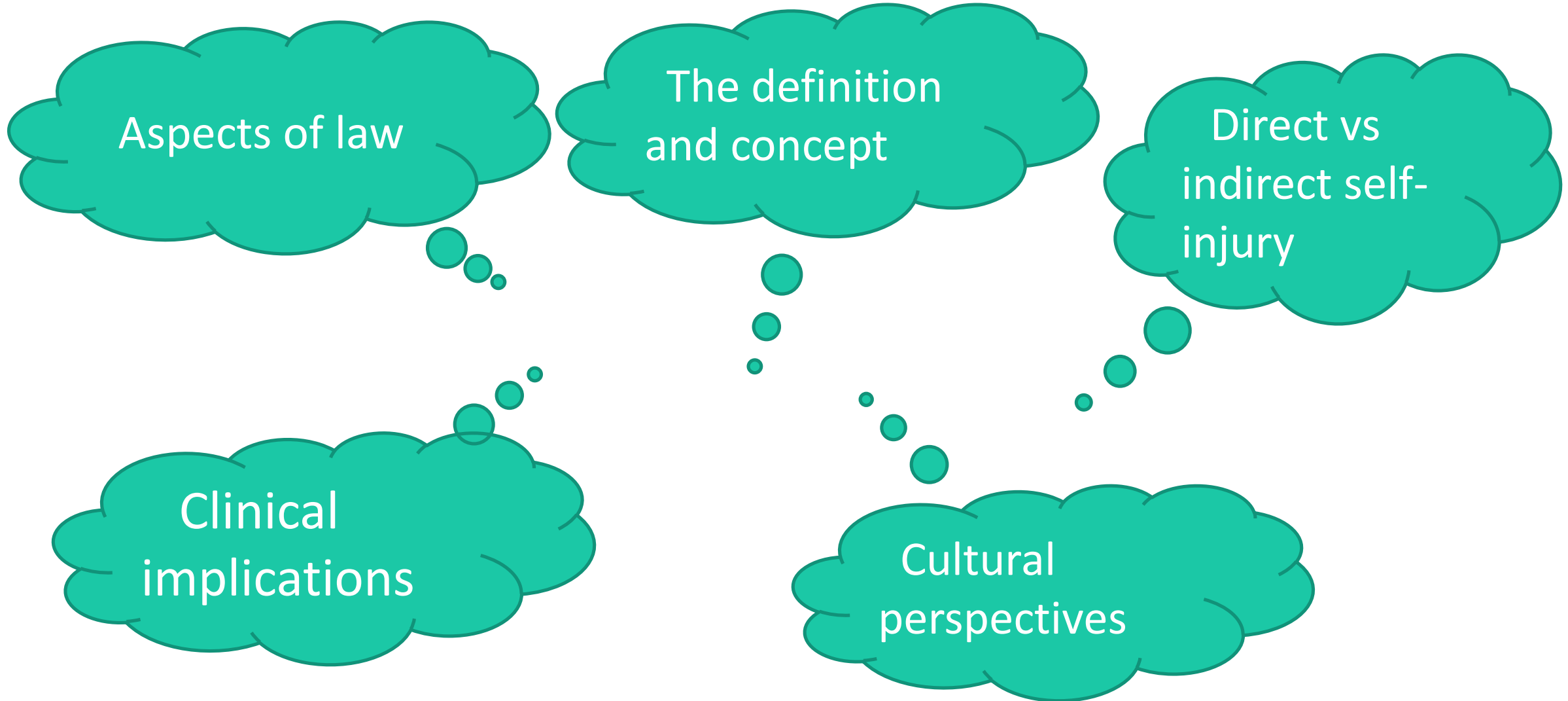
Aspects of law

The definition
and concept

Direct vs
indirect self-
injury

Clinical
implications

Cultural
perspectives



Clinical recommendations

- Primary prevention work in school- sexual abuse
- Secondary prevention- risk groups
- In contact with authorities (hospital, police, social services etc.)
and NGOs
- Different symptoms- ASK!!
- Risk assessment?
- Multi professional team

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